

# Team and Coaching Update for BC NW AGM

06/09/22

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## Teams

- **YTOS** – NW selected 2 very strong teams for the YTOS 2022. Boys team was Sebastian Grindley, Joe Cosgrove, Joe Watkins Wilson and Bryn Lawrence. Girls team Lily Brindle, Esther Wong, Alice Colling and Ruby Oakes. We had a Very successful race for the region's teams. The boys were dominant with eventual 1st and 3rd on GC and our lowest GC was 11th from Bryn Lawrence who had a mechanical on day 1. Bryn has since gone on to finish 2nd on GC at the Isle of Man youth tour. The Girls equally held their own with final 5th and 6th on GC from Esther and Alice. Ruby Oakes would also have been top 10 only for final stage mechanical. Alice took another top 10 GC in the Isle of Man tour.
- **UK inter regional school games** – The event just ended with another strong performance from BC NW. The same riders represented the regions that were at the YTOS except for Lily Brindle who was replaced by Megan Lloyd. NW finished 4<sup>th</sup> overall with some strong performances in the various races over the weekend.
- **UK Inter-regional MTB school Games** – NW have selected a very young team for this event with Elsie Haygarth, Pheobe Taylor, Freddie Winkley and Leon Parker. All 4 are U14 youth B riders in 2022. There is a serious drop in MTB XC numbers in the region this year.
- **Kit and Equipment** – We received the new kit from Bioracer but unfortunately too late to be able to wear at the YTOS so at this time it is still in the new packaging waiting to be used in 2023.

## Coaching

- Tameside DC – Tuesday night Tameside DC drew the curtains at the end of March. These sessions were the backbone for structured coaching and training for many young cyclists over the past years in the NW region. 2021/22 numbers had severely dropped with an average of 10-12 riders showing up compared to 40+ pre covid. I do not believe that covid is the only reason for the drop off in numbers. There were signs of a noticeable dip in numbers coming even before covid.
- UCLAN NWCC – NWCC ran a well-attended summer session at UCLAN. They cater for all age groups and had a great response from the U10 and U12 age group. Also had a regular group of U14 and U16 girls who showed up each week to train together.
- CS Pendle SBH – CS Pendle also ran weekly sessions throughout the summer with attendance from a good mix of age groups especially U12 and U14 riders.