



2021 Youth and Coaching workgroup report

NW Youth League

7 race series which has been a great success in 2021 with riders taking part from west midlands, Yorkshire and North East. I have touched on it in the teams and coaching coordinator report so won't go into too much repeat. Just to say the plan is to make it bigger and better for 2022.

Mid week youth racing league

Attendance in 2021 for these venues has been very poor. Litherland and Tameside had only 2-5 riders on any given week in a category. Hoping to get some feedback from the current organisers once 2021 has wound down to see how/if we as a regional can come up with a plan to run an inter-venue midweek youth league that would receive a decent response from riders. Yorkshire run a couple of midweek, interclub/venue leagues and those seem to have a better attendance.

Coaching

In a season where there ended up not being a lot of time for real structured coaching, we did end up with several good sessions. BC go-ride coaches ran a race prep session for several weeks on Thursday nights at Tameside with good response. North Cheshire Clarion ran a 3 week program at Litherland which was opened for all NW riders and had very good numbers from multiple clubs across the 3 weeks. Sport city Velo opened their Wednesday evening advanced sessions to 2nd claim members and several riders took advantage of that offer and are currently attending those sessions.

Bursaries

These are available from both the region and nationally, details of some available are below, we also have on the coaching page on our website www.bc-nw.co.uk a form to complete for applications to apply. All applications for regional bursaries will be expected to give some coaching support to regional activities.

British Cycling Bursaries and Funding Guidance

British Cycling are also pleased to offer a range of National funding support for both current and new coaches.

Flying Start Bursary

Who is this fund suitable for?

This is a bursarypot specifically for young people (14-21), offering discounts of up to 70% off coaching courses for those that are supporting cycling activity, either in club, school or community. To access this bursary, young people will need to demonstrate prior learning –

in England, such as having completed the Cycling Award for Young Volunteers, or in all home nations school leaders or young leaders qualifications will be accepted.

What is the offer?

Level 1 coaching

- Coach age: 14-18
- Usual qualification cost: £320
- Cost with Flying Start Bursary: £95

Level 2 coaching:

- Coach age: 16-21
- Usual qualification cost: £520
- Cost with Flying Start Bursary: £195

Level 2 DSU coaching (all courses):

- Coach age: 16-21
- Usual qualification cost:
 - o £265 – Road, BMX, and Mountain Bike
 - o £250 - Cyclo-cross
 - o £125 - Cycle speedway
 - o £280 - Track
- Cost with Flying Start Bursary: £95

How to Apply

Application is through expression of interest via your **regional Coaching & Clubs Officer** johnwych@britishcycling.org.uk ,

Condition of Bursary

Securing a Flying Start Bursary allows for access to specific regional courses for young people, applicants will be accepted and if no date for a specific course for young people is currently available they will be placed on a waiting list and informed when relevant courses are organised.

Ignite Bursary

Who is this fund suitable for?

This is a bursary pot specifically for women and girls, offering discounts of up to 55% off coaching, ride leadership and MTB Leadership courses for women and girls supporting British Cycling activity, including clubs, programmes and events, or with intentions to support.

What is the offer?

Level 1 coaching:

- Female coaches
- Usual qualification cost: £320
- Cost with Ignite Bursary: £150

Level 2 coaching:

- Female coaches
- Usual qualification cost: £520
- Cost with Ignite Bursary: £225

Ride Leadership:

- Female leaders looking to become Breeze Champions
- Usual qualification cost: £135
- Cost with Ignite Bursary: FREE

MTB Leadership:

- Female leaders looking to support entry level MTB riding
- Usual qualification cost: £135
- Cost with Ignite bursary: FREE (Inc. membership to British Cycling)

How to Apply

Application is through expression of interest via England, your **regional Coaching & Clubs Officer** johnwych@britishcycling.org.uk ,

Condition of Bursary

Securing an ignite allows for access to specific regional courses for female coaches and leaders only, applicants will be accepted and if no date for a specific course is currently available they will be placed on a waiting list and informed when relevant courses are organised.