

CV for Nomination to British Cycling North West Region Board and National Councillor

Fred Bamforth

Relevant Cycling Experience

As a Rider

I started riding a bike in my early twenties, and have raced on and off since 1987. I have been a member of the British Cycling Federation since that time. I competed at a high level nationally, gaining my first category licence (in old money). I was lucky enough to compete in Ireland on a fairly regular basis as part of Irish Heritage Cycling Club and rode the FBD Milk Ras in Ireland on a number of occasions. I also represented the Manchester Division at a number of events throughout the late 1990s.

My focus changed in 1994 when I became one of the first people to ride at Manchester Velodrome. I rode the Manchester Regional Track League (firstly on Fridays, then on Tuesdays) and also competed in the Manchester Divisional Track Championships, where I won the scratch race in 1995. I was involved in the Jack Fletcher and Key 103 track competitions, where I was a member of the Manchester team. I also won a silver medal in the World Masters Points Race in 1996.

Although I no longer race as much as I used to on the road or on the track, I now tend to concentrate my efforts on the odd time trial to keep fit.

As a Volunteer

Now that my racing career has come to an end, I have tried to start putting something back into the sport which I have been involved in for more than 30 years. I have been Road Race Secretary of Stretford Wheelers since 2014 and have promoted road and circuit races on behalf of the Racing Chance Foundation since 2015. In 2016, I was the organiser for the North West Regional Road Race Championships on behalf of the North West Region, which included a standalone women's championship for the first time.

I also recognise that I have a lot of racing experience and I volunteer as a coach with the Racing Chance Foundation. I am a qualified level 3 coach (through the Association of British Cycling Coaches).

Through my involvement with the Racing Chance Foundation, I have also been an active supporter of the development of the women's scene locally.

I was elected onto the North West Regional Board in September 2016, which has enabled me to give something back to the sport which I have been involved with for 30 years and to help to shape the future of the sport in the North West as a Regional Board Member.

At the same time, I was also elected as a National Councillor, and I have been able to represent the North West Region's views at both the National Council in 2016 and at the EGM in July 2017. Unfortunately, I was unable to attend National Council in 2017 due to ill health, but I believe that at the meetings I have attended, I have been able to demonstrate that I have the requisite knowledge and experience to make decisions in the best interests of the North West Region when given discretion to vote on various matters concerning the sport.

CV for Nomination for North West Regional Board and for National Councillor for the North West Region

Heather Bamforth

Relevant Experience as a Cyclist

I have been a racing cyclist since the age of 14, competing on the road and track, both on a regional and national level, either side of a break from the sport between 2001 and 2011.

Whilst I do race occasionally, my time on the bike nowadays is spent helping younger riders (through my club, the Racing Chance Foundation) or out with business associates on networking rides.

Relevant Experience as a Volunteer

I have been involved in organising races from an early age, which included a round of the National Omnium Series at Kirkby in the late 1990s. Nowadays, I organise a time trial every year under the CTT regulations, and I co-organise two road race events (encompassing 5 different races in total).

I qualified as a coach with the Association of British Cycling Coaches in 2013 and have coached over 200 women over the last few years, mainly under the guise of novice race training, but also on structured rides with the Racing Chance Foundation, a charity established in 2014 to help provide a pathway for women in cycling, of which I am currently Charity Treasurer, having stepped aside as Chair of Trustees in September 2017.

I have worked with British Cycling since 2012 to identify gaps in opportunities for women's racing, which has resulted in the formation of a Women's Strategy Group (which feeds into the Road Commission) in 2018. I now sit on that group, advising BC on the pathways into racing for women.

For the Racing Chance Foundation, I provide support and mentoring on the road and track for our riders, driving the team car in the race convoy where required and I also provide neutral service for women's races in the North West Region.

Since 2016, I have been working with British Cycling's Coach Education department, with their "Ignite Your Coaching" programme, which aims to develop and retain female coaches. I was a guest speaker at their Leadership event in May 2017 and I helped devise a webinar on coaching young women in July 2018.

I was elected as a National Councillor for the North West Region for the first time in 2017 and I would like to continue you to do so, as I believe that I have the requisite knowledge and experience (both within the sport and through my day job) to be able to represent the members' interests at a national level.

My involvement in regional activities has been increasing over the last few years and having been able to represent the Region at National Council last year and now being part of the group which is setting the strategy for women's cycling, I believe that I can bring a slightly different viewpoint to the Regional Board.

Heather Bamforth, 26 Debenham Road, Stretford, Manchester, M32 9DG

CURRICULUM VITAE – TONY BARRY

IN SUPPORT OF ELECTION AS BRITISH CYCLING NW BOARD & NATIONAL COUNCILLOR 2018-2019

**CLUB: NEW BRIGHTON CYCLING CLUB
NORTH WEST REGION**

MEMBER OF BC FOR OVER 45 YEARS LIFE MEMBER 20+ YEARS.

BUSINESS ACTIVITIES

Training, Health and Safety Manager in the Construction Industry.

CYCLING ACTIVITIES

I have had an active Cycling Career, Official Appointments for both National and International events and a Coaching Career. I raced competitively as a Junior and Senior at Local and Divisional Level attaining a 1st Cat Licence which I held for 2 years.

46 years continuous membership (life member from 1993) Member of New Brighton Cycling Club. Held the position of Chairman, President, Secretary, Road Race Secretary, Regional Councillor and Competition Co-ordinator.

North West Region Committee Member 1999-2018

Competition Co-ordinator 2002

Awarded Divisional Badge of Honour 2003

Event Organiser for:

Birkenhead Park Crits Series for 28 years

New Brighton Prom Crits 1968 – 1974

National Juvenile Champion Organiser 1985

North West Divisional Championship Organiser Senior 2001 – 2002

North West Divisional Championship Organiser Senior and Junior 2003

National Corporate Games Organiser 2015

National Transplant Games Organiser 2016

Regional Commissaire/Judge 1974 – 2018

National Commissaire Road/Track 1983 – 2016/7

National Mountain Bike Commissaire 2000 – 2017

Derny Motor Pace 2002-2017

National Neutral Service 1999 – 2018

Merseyside Division Committee Member from 1985. Held the position of Team Manager, Registrar, and National Councillor.

National Director of British Cycling 2004/2017

Chairman of National BMX Commission 2009/2017

Member of the Track Commission 2010/12

Member of Commissaries and Referees Commission 2006/08

Member of Technical Commission 2005/08

Chairman of the National Road Commission 20013/2017

British Cycling Representative/Trustee/Director of Manchester Velodrome Trust

APPOINTED BRITISH CYCLING TEAM MANAGER

Peace Race	1991	Tour of Saxony	1996
Milk Race	1992 & 1993	Tour of Lankawi,	1997, 98 & 99
Milk Ras Ireland	1991	Ruta Mexico	1995
Rapport Tour South Africa	1994	Post Giro Sweden	1996/ 97
Japan International Races	1994, 1995 & 1996		
Japan World Cup	1995		
Swiss World Cup	1997		

QUALIFICATIONS

Liverpool John Moore University. HNC Construction Management
British Safety Council. I Diploma in Safety Management
Northern Institute of Massage. Remedial Massage
Newcastle University. Diploma in Sports Psychology
Member of the Royal Society of Health
Member of Institute of Risk and Safety Management

POLICY STATEMENT

I have been an active member of my Club, Region and National Cycling for the past 46 years and I feel that grass roots must be catered for, with more emphasis on enjoying cycling. The winning still is good but not everyone can win.

TONY BARRY AUGUST 13TH, 2018

Cycling CV Chair of Northwest Board / Regional Councillor

Alan Gornall
51 Colne Road
Barnoldswick
Lancs
BB18 5QH
alan@ag-e.co.uk

DOB 7th May 1960

Racing Career:-

1975 – 1992 Starting as a youth I raced all the way through to Senior International with 2 years as a Professional, competing in Road, Track, Time Trial, MTB and Cyclo Cross disciplines at various stages in my racing career. Racing at International level on the Road and in Time Trials including World and Commonwealth Championships and major international stage races, National level at Track and MTB XC and Regional level at cyclo cross.

In 1988 and 1989 I was the Riders representative on the board of the Professional Cycle Racing Association.

I am a BC life member now having been a member since 1975.

In 2008 I joined the then newly formed Cycle Sport Pendle and have worked in the club's development. During this time as well as working with CSP I have worked with Tim Buckle and now Monica Edon at Regional Schools of Racing coaching and mentoring riders, including the first girls only coaching sessions.

I have qualified as a Circuit Commissaire and work in this role at the CDPP series at the Steven Burke Hub on a regular basis. I am now also a Regional Road commissaire having qualified at the end of last year.

Having been a co-opted member of the Northwest Region Board at first, I have now completed four years as an elected member and 1 year as chair of the Regional board. As Regional Chair I have represented the Region on the Federation Commission which has representatives from all the English regions as well as Wales and Scotland. I am currently a member of the work group which is looking at the current regional structures to come up with proposals as to how the regions can best support their members.

This year I have also been a member of the Road Commission.

I have an active role in the women's side of the sport, which has resulted in being the team Manager at the UCI Women's Tour of Norway in 2015, UCI Women's Tour of the Ardeche in 2016 for The Racing Chance Foundation and Mechanic at the Durango – Durango single day race and Bira stage race, and I am involved in moving this side of our sport forward.

I have experience in governance having served 16 years as school governor, during this time I was the Chair of the Finance and Buildings committee and Vice Chair of the governing body.

Having represented the Northwest Region at National Council for the past 5 years and as British Cycling's next chapter evolves I would like the opportunity to lead the Northwest Region as chair of the board for the coming year.

As the roles of the Regional boards are changing I would like to ensure that we as the Northwest Region have our say in how our sport progresses over the coming years.

Yours in Sport,
Alan.

British Cycling North West

Ian Roberts

Curriculum Vitae in support of the Office of Treasurer & National Councillor

Married to Christine since 1975, with 2 grown up children. Worked in Further Education for 40 years, latterly as Head of Sport at The Manchester College, where I managed of a budget of £1m+. Retired from work in 2014.

I have been a BC member since 1992, competing on road & track until 1999, as a member of Stretford Wheelers. My main achievements included 3rd place in the 1996 National Vets RR, 3rd place overall in the 1999 Peter Fryer National Vets Series & obtaining a First Cat Licence. I also rode on the Manchester Division Team in the 1999 Tour of Snowdonia & the 1999 Tour of Lancashire.

I have organised a number of Road Races on behalf of Stretford Wheelers, including the Manchester Division Championships, a round of the National Vets Series & the annual Stretford Wheelers Road Race. Between 2000 & 2004 I jointly organised, with Manchester Wheelers, the Manchester 2 Day event.

I held a number of offices with Stretford Wheelers, including Secretary & was elected President in 1997. I served on the committee of the Manchester Division, representing them at National Council & at the North West Centre of Excellence. I am also registered as a Regional Commissaire for Road & Track.

I believe my overall experience within the sport alongside the budget management required to run an efficient & successful department when at work, give me the necessary skills to carry out the above posts to the expectations of the board.

Ian Roberts

18th August 2018

ALAN ROPER

AGED 73 RETIRED

Started cycling at the age of 15 with the Nelson Clarion CC general club riding and touring, moved to Clayton Velo (my present club) in 1968 where racing and then race organising followed including The Clayton Velo Spring Classic, Northwest 4 day and Clayton closed circuit series, i am the current secretary and treasurer.

Started as a British Cycling Federation road race commissaire around 1978 and have worked on 100s of local events including the Sealink international, Commonwealth games (Manchester) and the Junior commonwealth games (Isle of Man)

Worked on the British Cycling Lakes & Lancs division committee including the position of road race secretary and managed the division road teams in the Tour of the Kingdom and Tour of the Forth Bridge, winning the overall on one occasion and second overall on two occasions plus stage wins

Moved to the regional Northwest Board after the amalgamation of the Manchester, Merseyside, and Lakes & Lancs divisions , representing the region at the British Cycling National Council A G M.

I am still working as regional Commissaire and race organiser and a member CDPP (Cycle Development Pendle Partnership) based at the Stephen Burke Hub closed road circuit.