



**British Cycling North West Regional Board AGM report
Alex Scoular, Regional Development Manager,
September 2017**

This is a summary of the work in the region with regards to Development for young people in the North West Region since September 2016.

Delivery figures for the reporting year April 2016 – March 2017 and from April-July 2017 are attached below.

April 2016- March 2017

Schools Programme	Achieved	Annual Target
Schools engaged in the Go-Ride Schools Programme	52	48
Opportunities to participate in the Go-Ride Schools Programme	12188	6240

Community Programme	Achieved	Annual Target
Opportunities to participate in the Go-Ride Community Programme (Inc. activity coaching programme, club support sessions and rider development sessions)	6313	3600

Promotional Activity	Achieved	Annual Target
Opportunities to participate in Go-Ride Promotional Activities	2898	2160

Go-Ride Racing Delivery to Date (Go-Ride Coach delivery)	Achieved
Go-Ride Racing events in Region (School and Community)	103

Go-Ride Racing Delivery to Date (Go-Ride Clubs (volunteer delivery)	Achieved
Clubs actively engaged in the Go-Ride Racing programme	22
Events delivered	76

Go-Ride Clubs	Achieved
Go-Ride Registered and Clubmark Clubs	48
Clubmark Clubs	27
External funding secured to support Go-Ride activities	£12,726



Cycling Award for Young Volunteers	
Attended the workshop	72
Achieved Bronze, Silver or Gold Award	38

April 2017 – end of June 2017

Schools Programme	Quarter 1
Schools engaged in the Go-Ride Schools Programme	39
Opportunities to participate in the Go-Ride Schools Programme including Closed School Go-Ride Racing	4186

Community Programme	Quarter 1
Opportunities to participate in the Go-Ride Community Programme (Inc. Club Support, Holiday Coaching Programme, Rider Development Sessions, Regional Schools of Racing and Club Cluster of Training)	2685

Promotional Activity	Quarter 1
Opportunities to participate in Come and Try Sessions and Get Started Sessions	2667

Go-Ride Racing Delivery to Date (Go-Ride Coach delivery including School Games Level 2 and 3)	Quarter 4
Go-Ride Racing events in Region	39

Go-Ride Racing Delivery to Date (Go-Ride Clubs (volunteer delivery))	Quarter 1
Clubs actively engaged in the Go-Ride Racing programme	12
Events delivered	53

Go-Ride Clubs	Quarter 1
Go-Ride Registered and Clubmark Clubs	21
Clubmark Clubs	28
External funding secured to support Go-Ride activities	49
Cycling Award for Young Volunteers	Quarter 1
Attended the workshop	0
Achieved Bronze, Silver or Gold Award	1



Highlight report

Facilities – The new 1km closed road circuit in Carlisle is currently being built and is due to be completed by the end of September. Meetings with local clubs and groups were held in June and July in order to create a plan for usage and help clubs to work in unison at the facility. We are still in talks with Bolton council and Rochdale Councils with regards to building closed road circuits in these areas.

Coaching courses – Since September 2016, three Level 1 courses have been held (in Manchester, Colne and Bolton). Three Level 2 courses have been held (two in Manchester and one in Bolton). A Level 2 road course was held in Lancaster and a Level 2 BMX course was held in Knowsley, both in May.

Cycling Award for Young Volunteers (CAYV) – Two of these courses have been held in the past year, in Manchester and Preston. They have enabled a total of 16 young volunteers to become more involved as volunteers in their local clubs and work towards the CAYV programme award standards.

Go-Ride clubs:

Clubs that have achieved Go-Ride Registration in the past year:
Harry Middleton CC

Clubs that have achieved Go-Ride Clubmark Accreditation in the past year:
Bruntwood Park BMX
Beacon Wheelers

There are now 27 Go-Ride Clubmark accredited clubs and 21 Go-Ride registered clubs in the region.

Go-Ride conference – This was held in Manchester in March, with 65 delegates from North West clubs, who attended workshops on Coaching Fundamental movements and Club development. Feedback on the day was very positive and gave volunteers a chance to reflect on practice and network with other clubs.

Funding – The North West team has worked with Go-Ride clubs and organisations to successfully bid for funding for the following coaching and development programmes:

National Cycling Centre - Women only MTB project - £4226
Kendal CC - funding from Local authority to support coaching programmes - £3000
Sandside Go-Ride school club - funding for container, training, bikes and adapted bikes - £18000

Events - We ran a coaching and racing programme as part of the Hoy 100 Sportive in May at Arley Hall, Cheshire. This created positive publicity for our programme, as well as promoting our partnership with Evans Cycles and Hoy Bikes. We are also delivering taster coaching sessions for young people as part of the HSBC City Rides in Manchester and Liverpool over the summer.

Go-Ride coaches and partnerships - We are continuing partnerships with Manchester and Tameside councils to jointly fund British Cycling Go-Ride coaches to carry out development work in schools, clubs and communities in these areas. We have recently worked with boroughs in North Cumbria to create a similar partnership to employ a Go-Ride coach to work in these areas, linked to the new Carlisle road circuit. Initially this partnership will last a year and we hope to extend this. The Go-Ride coaches that are working in the partnership areas are:

Manchester – Craig Ansell and Rob Hawker, **Tameside** – Simon Wilson, **North Cumbria** – Jack Humphreys

We are currently recruiting for a new Go-Ride coach role in Liverpool, which is due to the Core City Partnership that we now have with their council. Unfortunately the partnership we had with Bolton council to employ a Go-Ride coach finished at the end of August 2017.

Below are reports from the region's Go-Ride coaches covering some highlights of the work they have achieved over the past year:

Craig Ansell – Manchester - Craig worked with a number of club coaches to get the riders from their respective areas together to run a 'Fast Track' club cluster session at Tameside on 24th June. This session was aimed at Club cluster of training (CCT) riders as well as those slightly below or younger what is usually specified, and included a workshop in addition to the coaching. The idea was to provide a platform for youths in the A,B,C groups and junior Girls to up-skill all aspects of their riding which will allow a more comfortable transition into higher level sessions. 45 riders in total attended the day. This session was held as a pilot and they hope to run similar sessions in 2017 with further dates to be confirmed. Liesl Hacker, one of the volunteer coaches at the session, commented, *'So pleased today to be part of such a wonderful team of coaches in the NW who want to provide the best opportunities for NW youth riders! Fantastic effort today from British Cycling coaches and the local club coaches to bring together nearly 50 youth riders from across the region. Fantastic to have so many girls there too. Hopefully this will be a regular session going forward'*.

Rob Hawker – Manchester - Rob helped organise the Greater Manchester School Games BMX event held at the National Cycling Centre. Riders from five different boroughs took part, and were coached over a number of weeks from being complete novices to racing in this multi-sport event. The event had a visit and Q & A session from Shanaze Reade which was well received.

Simon Wilson – Tameside - Simon has been running a new community programme at the Tameside road circuit, with coaching sessions for novice level riders held twice a week, with the objective of getting them to ride regularly and support them in joining higher level sessions. A successful Secondary inter schools competition was held at the circuit, with 3 schools competing.

Dylan Clayton - Dylan supported a series of three Go-Ride races held at Bruntwood Park BMX track in Stockport in May and June, where riders from a number of other GR clubs attended to take part in novice level racing. Up to 90 riders have attended these events. He has also helped run both Primary and Secondary school competitions at the road circuit in Pendle.

Tom Leivers - Tom delivered coaching programmes in 7 schools in Lancaster and Cumbria in the summer school term, with taster sessions in an additional 2 schools. He also ran successful promotional coaching events at the Sedbergh Cycle Festival and the Keswick Mountain Festival.

